

How to Obtain Contact Hours by Reading Articles in This Issue

Instructions

3.4 contact hours will be awarded by Villanova University College of Nursing upon successful completion of this activity. A contact hour is a unit of measurement that denotes 60 minutes of an organized learning activity. This is a learner-based activity. Villanova University College of Nursing does not require submission of your answers to the quiz. A contact hour certificate will be awarded once you register, pay the registration fee, and complete the evaluation form online at <http://goo.gl/gMfXaf>. To obtain contact hours you must:

1. Read the following articles, carefully noting any tables and other illustrative materials that are included to enhance your knowledge and understanding of the content. Be sure to keep track of the amount of time (number of minutes) you spend reading the article and completing the quiz.

Multinational Experiences in Reducing and Preventing the Use of Restraint and Seclusion

Janice L. LeBel, PhD, ABPP; Joy A. Duxbury, PhD, MA, BSc, RMN; Anu Putkonen, PhD, MD; Titia Sprague, MBBS, FRANZCP; Carolyn Rae, RGN, RSCN, RMN; and Joanne Sharpe, BAppSc(OT) on pages 22-29.

Successful Seclusion and Restraint Prevention Efforts in Child and Adolescent Programs

Beth Caldwell, MS; Chantell Albert; Muhammad W. Azeem, MD, DFAACAP, DFAPA; Susan Beck, MSW; David Cocoros, MS; Trish Cocoros, BS; Raquel Montes, BS; and Bhagya Reddy, MD, on pages 30-38.

Reducing Seclusion and Restraint Use in Inpatient Settings: A Phenomenological Study of State Psychiatric Hospital Leader and Staff Experiences

Kevin Ann Huckshorn, PhD, RN, ICADC, on pages 40-47.

2. Read and answer each question on the quiz on page 48. After completing all of the questions, compare your answers to those provided within this issue. If you have incorrect answers, return to the article for further study.

3. Go to the Villanova website listed above to register for contact hour credit. You will be asked to provide your name, contact information, and a VISA, MasterCard, or Discover card number for payment of the \$20.00 fee. Once you complete the online evaluation, a certificate will be automatically generated.

This activity is valid for continuing education credit until October 31, 2016.

Contact Hours

This activity is co-provided by Villanova University College of Nursing and SLACK Incorporated.

Villanova University College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Activity Objectives

1. Discuss the international attention on the use of restraint/seclusion (R/S) as a treatment to prevent violence.
2. Identify an organizational framework based on core strategies to address conflict, violence, and the use of R/S.
3. Provide examples of how the Six Core Strategies[®] have been used to reduce/prevent the use of R/S.
4. Discuss the implications for top leaders and all staff levels to reduce/prevent the use of R/S.
5. State the central focus of the five "meaning themes" extracted from the research.
6. Describe how all levels of leadership and direct care staff participated in reducing/preventing R/S.

Disclosure Statements

Neither the planners nor the authors have any conflicts of interest to disclose.

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