

Resource List: Clinical Care Programs for Gender-Nonconforming Children and Adolescents

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Abstract

Locating specialized services for gender-nonconforming children and adolescents can be challenging. The following resource list—organized by U.S. and Canada geographical region—serves to help clinicians access the most up-to-date information on this special population and pass it along to their patients and families. [*Pediatr Ann.* 2014; 43(6):238–244.]



NORTHEAST

Callen-Lorde Community Health Center & Health Outreach to Teens (HOTT), New York, NY

The Callen-Lorde Community Health Center serves lesbian, gay, bisexual, transgender, queer, and questioning youth and youth who are HIV+ ages 13 and up. Callen-Lorde's team offers care in psychiatry,

social work, adolescent medicine, and gynecology. The team can provide hormones and referrals for puberty blockers and surgery. Mental health services include individual and group therapy and assessments.

Contact: Manel Silva, MD, MPH, Clinical Director

212-271-7200; msilva@callen-lorde.org
http://www.callen-lorde.org

the transgender spectrum through age 16 years. The team offers support in psychology, including assessments and individual therapy, and can make referrals for other support services.

Contact: Heino F.L. Meyer-Bahlburg, Dr. rer. nat.

646-774-6931; meyerb@nyspi.columbia.edu

Psychoendocrine Clinic at Columbia University Medical Center, New York, NY

Columbia University Medical Center's Psychoendocrine Clinic sees patients with gender concerns linked to somatic disorders of sexual development/intersexuality (from prenatal life through childhood and adolescence, and in some cases through adulthood to midlife) and transgender patients. CUCM endocrinologists can provide hormone blockers, and in some cases, hormone therapy for select adolescents on

New York University Gender and Sexuality Service, New York, NY

The New York University Gender and Sexuality Service provides care for trans* and gender-nonconforming people from birth through adulthood across multiple clinical sites. The team offers care in psychology and psychiatry, and refers out of their private clinic for endocrinology and adolescent medicine. The team also offers family therapy and services in social work. The team can provide mental health evaluations for puberty suppression, cross-sex hormones, and surgery, and makes refer-

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rals outside their clinic for all three. Mental health services include individual therapy, assessments, family therapy, and inpatient treatment.

Contact: Aron Janssen, MD Clinical Director, Gender and Sexuality Service; Assistant Professor of Child and Adolescent Psychiatry
646-754-4885; aron.janssen@nyumc.org
http://www.aboutourkids.org/families/care_at_the_csc/gender_sexuality_service

Susquehanna Family Practice, Oneonta, NY

Practitioners at Susquehanna Family Practice provide primary care for gender-nonconforming children/teens and adult patients. The team can prescribe puberty blockers and cross-sex hormones and offers mental health services including therapy in office. The team can also make referrals to Fox Hospital, the same hospital at which the Susquehanna Family Practice is housed.

Contact: Carolyn Wolf-Gould, MD
607-431-5757; cawolf-gould@aofmh.org
<http://www.bassett.org/ao-fox-hospital/services/family-practices/susquehanna-family-practice>

Children's Hospital of Philadelphia Gender & Sexuality Development Clinic, Philadelphia, PA

The Children's Hospital of Philadelphia (CHOP) Gender & Sexuality Development Clinic serves gender-variant, gender-nonconforming, and/or transgender children and youth through age 21 years. CHOP's team provides care in psychology, endocrinology, and adolescent medicine, and has connections with and access to psychiatrists in the CHOP and University of Pennsylvania Health Systems. CHOP offers access to hormones and puberty blockers, and provides assessments and short-term in-house individual therapy and referrals to longer-term therapy. Additionally, CHOP provides parent support and psychoeducation. The multidisciplinary

team also offers consultation and training about gender-variant children and adolescents to local pediatric health care providers and other youth-serving professionals.

Contact: Linda A. Hawkins, PhD, LPC, Co-Director and Nadia Dowshen, MD, Medical Director
215-280-7128; hawkins@email.chop.edu
<http://www.chop.edu/service/adolescent-medicine/home.html>

University of Pittsburgh Wellness Center—Gender Team, Pittsburgh, PA

The University of Pittsburgh Wellness Center — Gender Team serves all students at the University of Pittsburgh who identify as gender-variant, gender-queer, transgender, and/or transsexual (generally ages 18 to 30 years, but any student, undergraduate or graduate, who is registered at the university and who has paid the wellness fee can be seen). The team delivers care in adolescent medicine, nursing, psychology, and psychiatry and can make referrals for care in endocrinology. The team also includes a pharmacist and nurse. The team can provide hormones and can make referrals for puberty blockers or surgery. Mental health services include individual therapy, assessments, group therapy for LGBT people, and a Gender Support Group for transgender and gender-variant students.

Contact: Melanie A. Gold, DO, Staff Physician at the Wellness Center, Clinical Professor of Pediatrics and Adolescent Medicine at the University of Pittsburgh School of Medicine and the University of Pittsburgh Graduate School of Public Health
412-383-1800; magold@pitt.edu
<http://www.studentaffairs.pitt.edu/shsglbt>

Gender and Sexual Development Program of Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

The Gender and Sexual Development Program of Children's Hospital of

Pittsburgh of UPMC serves gay, lesbian, bisexual, transgender, questioning, intersexed, and ally (GLBTQIA) and gender-fluid children and youth up to age 26 years, as well as anyone with questions about or who needs support regarding gender and sexual development. The interdisciplinary team includes specialists in endocrinology, behavioral health, and adolescent medicine who provide individualized care including diagnostics, puberty blockers/hormone treatment, psychiatric evaluation, and transition to adult care. The team offers education related to gender, sexual development, and social aspects of transition. Social work support, counseling, and care coordination through a network of community partners are also available.

Contact: Joanne Goodall, CRNP (Family Practice), Center for Adolescent and Young Adult Health
412-692-6677 (Ask specifically for “gender care” visit to ensure adequate time and resources can be coordinated)
Adolescent Medicine: <http://www.chp.edu/CHP/am>
Endocrinology: <http://www.chp.edu/CHP/endocrinology>

The Adolescent Center at Boston Medical Center, Boston, MA

The Adolescent Center at Boston Medical Center serves transgender and gender-nonconforming youth up to age 22 years, primarily from inner-city Boston and many from immigrant communities in the Boston area. The team provides care in adolescent medicine and can provide puberty blockers and hormones. The team offers consultation in endocrinology when needed. Mental health services include individual therapy conducted by an on-site social worker and referrals in psychiatry and psychology.

Contact: Mandy Coles, MD, MPH
617-414-4086
mandy.coles@bmc.org
<http://www.bmc.org/pediatrics-adolescentcenter.htm>

Transgender Clinic (Northampton Office) and Gender Specialty Clinic (Springfield Office), Northampton and Springfield, MA

The Transgender Clinic (Northampton Office) and Gender Specialty Clinic (Springfield Office) serve trans* and gender-nonconforming people ages 18 years and older; the program includes a provider who sees patients 18 years and younger through the provider's pediatric endocrinology office. The team offers care in pediatric endocrinology and can make referrals for care in psychology and psychiatry. The team can provide hormones, puberty blockers, top surgery, breast augmentation surgery, orchiectomy on a case-by-case referral basis, and management of psychotropic medications on a case-by-case basis. Providers at these clinics can make basic mental health assessments for hormones, and can refer out for individual therapy, group therapy, crisis management, and additional assessments.

Contact: J. Aleah Nesteby, Nurse Practitioner, Adult Internal Medicine

413-794-1316 (for questions)
413-794-2511 (to set up a new patient visit)
J.Aleah.Nesteby@baystatehealth.org
<http://www.baystatehealth.org/Baystate/Main+Nav/About+Us/Locations/Baystate+Medical+Practices/Primary+Care/High+Street+Health+Center++Adult+Medicine/Transgender>

Health Care for Gender and Sexually Diverse Individuals, Providence, RI

Warren Alpert School of Medicine at Brown University and Hasbro Children's and Rhode Island Hospitals offer specialty and primary care health services to any and all gender diverse and gender-nonconforming individuals from early childhood through maturity. The program operates out of both adolescent medicine and medicine-pediatrics clinics in the Providence, RI area and serves patients in the New England and east coast community. The team, using

a consent-based model of care, provides gender-affirming hormones, puberty blockers, referrals for surgery and general medical follow up. The team can also work with the patient's local primary care doctor to coordinate care. The team offers other sex positive health services including sexually transmitted infection (STI) testing, family planning, and other sexuality concerns.

Michelle Forcier, MD, MPH, Associate Professor Pediatrics

Adolescent young adult medicine at 401-444-5980 (Jeseca)
Medicine-pediatrics at 401-444-6118 (Marilyn)
mforcier@lifespan.org
<http://www.hasbrochildrenshospital.org>

Gender Clinic at Barbara Bush Children's Hospital at Maine Medical Center, Portland, ME

The Gender Clinic at Barbara Bush Children's Hospital at Maine Medical Center serves trans* and gender-nonconforming children, teens, and young adults in northern New England. The team provides care in the areas of psychiatry, endocrinology, and pediatric gynecology. The endocrine team can provide puberty blockers, hormones, and surgical counseling. Mental health services include individual and/or family therapy, assessments, psychiatric medication management, and connection with support groups.

Contact: Heather Shanholtz, RN (Coordinator for the Gender Clinic)

207-662-5795; shanh@mmc.org

Gender Identity Program at Connecticut Children's Medical Center, Hartford, CT

The Gender Identity Program at Connecticut Children's Medical Center serves patients with gender dysphoria from the start of puberty until age 21 years. The team provides care in psychology, psychiatry, endocrinology, and urology, and includes a plastic surgeon. The team can

provide puberty blockers, hormones, and breast surgery. Mental health services include individual therapy, assessments, family therapy specific to medical transition, general group therapy for LGBTQ youth facilitated by the team's psychologist, and referrals to support groups for children and adolescents with gender dysphoria, their parents, and their siblings.

Contact: Priya Phulwani, MD, Pediatric Endocrinologist, Connecticut Children's Medical Center

860-545-9370; Pphulwa@connecticutchildrens.org
<http://www.connecticutchildrens.org/our-care/gender-identity-program>

Gender Management Service (GeMS) at Boston Children's Hospital Boston, MA

Disorders of Sexual Development and Gender Management Service are dedicated to providing care and support to infants, children, adolescents and young adults with gender identity disorder or disorders of sexual differentiation

Contact: Norman P. Spack, MD
617-355-7476

http://www.childrenshospital.org/centers-and-services/programs/a_-_e/disorders-of-sexual-development-dsd-and-gender-management-service-program/overview

MIDWEST

Pediatric Adolescent Transgender Health Clinic, Madison, WI

The Pediatric Adolescent Transgender Health Clinic sees adolescents across the gender spectrum (toddlers through young adults, primarily ages 10 years and older). The team provides care in adolescent medicine, endocrinology, reproductive endocrinology, and psychology. This clinic can provide hormones and puberty blockers and can make referrals for surgery. Mental health services include as-

assessments and referrals for individual therapy and local support groups.

Contact: Jennifer Rehm, MD, and Betsy Bazur-Leidy, Nurse Coordinator
608-263-9059; jrehm@wisc.edu
BBazur-Leidy@uwhealth.org
<http://www.uwhealthkids.org/path>

Gender & Sex Development Program at Ann & Robert H. Lurie Children's Hospital of Chicago, Chicago, IL

The Gender & Sex Development Program at Ann & Robert H. Lurie Children's Hospital of Chicago serves gender nonconforming, gender-questioning, and transgender children and adolescents of any age through 24 years. The Gender & Sex Development Program offers care in psychology, psychiatry, endocrinology, and adolescent medicine. The team can provide puberty blockers and cross-sex hormones and make surgical referrals. Mental health services include individual therapy, gender-related assessments of gender dysphoria and readiness for gender transition, group therapy (starting in Winter 2014-2015), and support groups (teen social group, teen parent peer-led support group, and child and parent play group).

Contact: Jennifer Leininger, BA, BS, Program Coordinator; Robert Garofalo, MD, MPH, Director
773-303-6056 (Ms. Leininger); 773-303-6058 (Dr. Garofalo)
JLeininger@luriechildrens.org;
rgarofalo@luriechildrens.org
<https://www.luriechildrens.org/en-us/care-services/specialties-services/gender-program/Pages/index.aspx>

University of Iowa Pediatric Endocrinology and Diabetes, Iowa City, IA

The team at the University of Iowa Pediatric Endocrinology and Diabetes provides care for pediatric patients up to age 18 years (with some exceptions for patients who are

older but still in school or who are continuing care with the program). The team comprises endocrinologists who can provide puberty blockers and hormones once the patient has had a psychological evaluation. The team can make referrals for care in psychology and psychiatry and can refer patients for top surgery when requested.

Contact: Katie Larson Ode, MD; Assistant Clinical Professor Pediatric Endocrinology and Diabetes
319-356-4443; katie-larsonode@uiowa.edu

University of Iowa Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning Clinic, Coralville, IA

The team at the University of Iowa Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning Clinic serves LGBTQ people ages 10 years and older at the LGBTQ clinic, and includes a provider who can see patients of all ages outside of the clinic. The team offers care in psychology, psychiatry, pediatric endocrinology, general medicine, and obstetrics and includes a pharmacist on-site. The team provides primary care for LGBTQ populations including hormone therapy, wellness exams, acute care, chronic disease management, STI testing and treatment, and referrals for puberty blockers and surgery (breast augmentation, male chest reconstruction, hysterectomy and oophorectomy, and orchiectomy). Mental health services include individual therapy, family and couple therapy, and assessments.

Contact: Katie Imborek, MD, Co-Director
319-384-7444; katherine-imborek@uiowa.edu
<http://www.uihealthcare.org/lgbt>

Transgender Clinic at Cincinnati Children's Hospital Medical Center, Cincinnati, OH

The Transgender Clinic at Cincinnati Children's Hospital Medical Center serves trans* and gender-nonconforming

adolescents and young adults aged 5 to 22 years. The team provides care in endocrinology, adolescent medicine, pediatric gynecology, nutrition, and referrals for voice communication (speech pathology), legal services, and care in psychology and psychiatry; the team additionally offers social work services, nursing education, and primary care. The team can provide puberty blockers and gender-affirming hormones. Mental health services include assessments in clinic, individual therapy, and referrals to support groups.

Contact: Dr. Lee Ann Conard, Assistant Professor of Adolescent Medicine, Director of the Transgender Clinic
513-636-2153; leeann.conard@cchmc.org

THRIVE, Nationwide Children's Hospital, Columbus, OH

THRIVE provides care for individuals (of any age) with disorders of sexual development and complex urological conditions, as well as gender concerns for individuals up to 22 years old. The team provides care in urology, endocrinology, genetics, psychiatry, psychology, and social work, with services for adolescent medicine underway. THRIVE offers hormone suppressants and hormone therapy. Mental health services include assessments, psychiatry and medication management services, individual therapy, and systems support.

Contact: Bethanie Combs, MSW, LSW-Program Coordinator
614-722-5765; thrive@nationwidechildrens.org
Bethanie.combs@nationwidechildrens.org
<http://www.nationwidechildrens.org/THRIVE>

Washington University School of Medicine Department of Pediatrics, Divisions of Adolescent Medicine and Endocrinology and Diabetes, St. Louis, MO

The Washington University School of Medicine Department of Pediatrics, Divisions of Adolescent Medicine and Endocrinology and Diabetes, serves children and adolescents with gender dysphoria up to age 18 years in psychology, ages 13 to 21 years in adolescent medicine, and from early puberty to age 21 years in endocrinology. The team offers care in psychology, endocrinology, and adolescent medicine and includes a social worker. The endocrinologist can provide puberty blockers and hormones. Mental health services include individual therapy, assessments, and referrals to parent and peer support groups.

Contact: Abby Hollander, MD, pediatric endocrinologist
314-454-6051
hollander@kids.wustl.edu

University of Nebraska Medical Center, Omaha, NE

Dr. Jean Amoura at the University of Nebraska Medical Center sees trans* and gender-nonconforming children and adults of all ages. Dr. Amoura (in General Obstetrics & Gynecology) works with an adolescent specialist and a therapist in private practice to provide primary care to patients and prescribe puberty blockers and hormones for patients seeking these medical interventions. The team can make referrals for care in psychiatry and therapy.

Contact: Jean Amoura, MD, Associate Professor, OB/GYN
402-559-4500; jamoura@unmc.edu
http://www.unmc.edu/obgyn/amoura_njean.htm

SOUTHEAST

Gender and Sexuality Psychosocial Programs, Children's National Medical Center, Washington, DC

The Gender and Sexuality Psychosocial Programs team provides care for transgender and gender-nonconforming

children and adolescents up to age 21 years. The team offers care in psychology, psychiatry, pediatric gynecology, endocrinology, pediatric urology, and genetics, and includes a disorders of sexual development multidisciplinary team. The team can provide puberty blockers, hormone therapy, and hysterectomies and can make referrals for surgery. Mental health services include group therapy, assessments, and parent support groups.

202-476-5158; gender@childrensnational.org
For advocacy program: pgroup@childrensnational.org
<http://www.childrensnational.org/DepartmentsAndPrograms/Default.aspx?Type=Program&Id=6178&Name=Gender>

Center for Adolescent & Young Adult Health, John Hopkins, Baltimore, MD

The Center for Adolescent & Young Adult Health offers a provision of services for adolescents aged 12 to 24 years under adolescent medicine, including hormones and hormone blockers. The center also offers support services, on-site psychology services, and access to endocrinology consultants.

Contact: Renata Arrington-Sanders, MD, MPH, ScM, Assistant Professor
410-502-8166; or 443-287-8887
rarring3@jhmi.edu

Pediatric Endocrinology at University of Maryland Medical Center, Baltimore, MD

Pediatric Endocrinology at University of Maryland Medical Center serves children, adolescents, and adults with gender variance through age 21 years. The team offers care in pediatric and adult endocrinology, with adolescent medicine care available at their Adolescent and Young Adult Clinic. A multi-disciplinary program is being developed. The team can provide puberty block-

ers, hormones, and referrals for surgery. The team can make referrals for services in therapy and psychiatry.

Contact: Elyse Pine, MD, Assistant Professor of Pediatrics, Division of Pediatric Endocrinology
410-328-3410; epine@peds.umaryland.edu
<https://umm.edu/programs/childrens/services/endocrinology>

Division of Pediatric Endocrinology and Diabetes, Charleston, SC

The Division of Pediatric Endocrinology and Diabetes provides services to pediatric patients (ages 0 to 17 years) with gender dysphoria. The team includes in-house care in endocrinology and has a dedicated social worker; the team can make referrals to community partners in psychology and psychiatry. The team can provide puberty blockers and hormones, and can make referrals to surgeons. Mental health services include referrals to community partners for assessments and individual therapy.

Contact: Deborah Bowlby, MD; Division Chief
843-792-6807; bowlbyd@musc.edu
<http://www.musckids.org/pediatrics/divisions/endocrinology>

Arnold Palmer Hospital for Children Division of Adolescent Medicine, Orlando, FL

The Arnold Palmer Hospital for Children Division of Adolescent Medicine provides care for youth and adolescents aged 11 to 21 years in adolescent medicine. The team can provide hormonal therapy, behavioral health referrals, and care coordination.

Contact: Dr. Vinny L. Chulani, Director, Division of Adolescent Medicine
321-841-5366; veenod.chulani@orlandohealth.com

SOUTHWEST

Gender Education and Care Interdisciplinary Support (GENECIS) Program (University of Texas Southwestern Medical Center and Children's Medical Center), Dallas, TX

Gender Education and Care Interdisciplinary Support Program provides care for children and adolescents (ages 4 to 18 years) with symptoms of gender dysphoria. The GENECIS Program team offers care in endocrinology, adolescent medicine, psychology, and psychiatry and includes a licensed clinical social worker, licensed professional counselor, and gynecologist. The team can provide puberty blockers and cross-sex hormones. Mental health services include psychiatric therapy and individual psychological therapy/counseling, as well as play therapy for young children.

Contact: Ximena Lopez, MD, Pediatric Endocrinologist, Assistant Professor, Pediatrics

214-648-3501; Ximena.lopez@utsouthwestern.edu

WEST

Dimensions Clinic, San Francisco, CA

Dimensions Clinic serves lesbian, gay, bisexual, transgender, queer, and intersex young people and their partners and allies ages 12 to 25 years (with more than 80% of their served population identifying as transgender and/or gender-nonconforming). Dimensions Clinic has a team that provides primary medical care (MDs, NPs, RNs, and health workers) under internal medicine and family medicine, as well as care in psychology and psychiatry. Dimensions Clinic offers access to hormones and puberty blockers and can make surgery referrals. Mental health services include individual and group therapy services and assessments.

Contact: Esteban Rodriguez (Health Worker & Outreach Coordinator)

415-934-7757

esteban.rodriguez@sfdph.org
Vittorio.D'Angeli@sfdph.org
<http://www.dimensionsclinic.org>

TransActive Gender Center—Client Services, Portland, OR

The TransActive Gender Center serves gender-nonconforming, transgender, and genderqueer children and youth (ages 4 to 23 years) and their families. The team provides comprehensive intake and mental health assessments and refers patients to endocrinology partners at Doernbecher Children's Hospital & Randall Children's Hospital for cross-sex hormones and/or puberty blockers. TransActive also makes referrals for adults aged 18 to 23 years to their medical partners at Oregon Health & Science University Richmond Family Medicine and Mercy & Wisdom Healing Center for cross-sex hormones and other primary and specialty care. TransActive's counseling staff writes letters of referral for GCS-related procedures. TransActive provides individual and couples therapy, and offers support groups for all ages. The team additionally provides case management services.

Contact: Sheryl Rindel, LPC, NCC—Client Services Program Manager

503-252-3000

Sheryl@transactiveonline.org

<http://www.transactiveonline.org>

Child and Adolescent Gender Center, UCSF Benioff Children's Hospital, San Francisco, CA

The Child and Adolescent Gender Center (CAGC) serves transgender and gender-nonconforming children and adolescents (ages 2 to 24 years) and their families. The team provides care in psychology, endocrinology, adolescent medicine, and pediatrics, and additionally includes a social worker, attorney, and educational advocate. The team can provide puberty blockers and hormones. Mental health services include screenings, family support, referrals for assessments, individual and group therapy, and psychiatric care through their CAGC

mental health consortium.

Contact: Stephen Rosenthal, MD, Medical Director and Joel Baum, MS, Senior Director at Gender Spectrum

415-476-2266 (Dr. Rosenthal)

415-353-7337 (for appointments)

rosenthals@peds.ucsf.edu

jbaum@genderspectrum.org

http://www.ucsfbenioffchildrens.org/clinics/child_and_adolescent_gender_center

Gender Management Clinic at Rady Children's Hospital, San Diego, CA

The Gender Management Clinic provides care for children and adolescents under age 21 years with gender dysphoria and related issues. The team comprises two pediatric endocrinologists who provide gonadotropin-releasing hormones (puberty blockers) and hormonal therapy. Mental health services include outpatient individual assessments, therapy (through Department of Psychiatry), and referrals to local therapists and support groups.

Contact: Maja Marinkovic, MD (or Claudia Juarez, secretary), Assistant Professor, Department of Pediatric Endocrinology

858-966-4032; mmarinkovic@rchsd.org

<http://www.rchsd.org/programs-services/gender-management-clinic/>

Teen Health Van—Mobile Clinic Program for Adolescents, Lucile Packard Children's Hospital Stanford, Palo Alto, CA

The Teen Health Van — Mobile Clinic Program for Adolescents provides care for uninsured, underinsured, and homeless youth ages 10 to 25 years. The team provides care in adolescent medicine and psychiatry as needed, and includes a social worker, nurse practitioner, and registered dietitian. The team can provide hormones. Mental health services include individual therapy and referrals for assessments and group therapy through community partners.

Contact: Seth Ammerman, MD,
Medical Director, Teen Health Van
 650-736-9557; seth.ammerman@stanford.edu
<http://www.stanfordchildrens.org/en/service/teen-van>

Doernbecher Children’s Hospital Division of Pediatric Endocrinology, Portland, OR

The Doernbecher Children’s Hospital Division of Pediatric Endocrinology serves trans* and gender-nonconforming youth through age 20 years. The team comprises pediatric endocrinologists and psychiatrists and is currently working to grow into a multidisciplinary team. The team can provide puberty blockers, hormones, and referrals for surgery. Mental health services include assessments, psychotherapy, and referrals to outside support groups.

Contact: Kara Connelly, MD; Assistant Professor, Pediatric Endocrinology
 503-494-1926; connellk@ohsu.edu
<http://www.ohsu.edu/xd/health/services/doernbecher/programs-services/endocrinology.cfm>

Children’s Hospital Colorado’s Gender and Sexual Development Program, Denver, CO

The Children’s Hospital Colorado’s Gender and Sexual Development Program serves trans*, gender-nonconforming, and questioning children, adolescents, and young adults. The team covers care in endocrinology and adolescent medicine and can refer to a community psychologist for mental health services. The team can provide puberty blockers and hormones.

Contact: Daniel Reirden, MD
 720-777-6131; Daniel.reirden@childrenscolorado.org

CANADA

BC Children’s Hospital, Vancouver, BC

The BC Children’s Hospital (BCCH) serves all youth (from puberty to age 18 years) from British Columbia and the Yukon Territories. The BCCH team — comprising an endocrinologist, nurse clinician, and social worker — in partnership with mental health providers in psychiatry and psychology, can provide puberty blockers and hormones. BCCH is a part of the BC Transgender Clinical Care Group, which coordinates mental health, hormones, surgery, and primary care for all transgender people of all ages in BC. BC Transgender Clinical Care Group also assists transgender people in accessing housing, legal advice, online resources, and support groups.

Contact: Daniel L. Metzger, MD
 604.875.2117; dmetzger@cw.bc.ca
<http://endodiab.bcchildrens.ca/ForFamilies/TransgenderResources.htm>

Transgender Youth Clinic, Toronto, ON

The Transgender Youth Clinic provides care to Tanner stage 2 populations and youth who would benefit from hormone blockers. The team offers care in adolescent medicine and endocrinology and can provide puberty blockers and cross-sex hormones. Mental health services include individual therapy and assessments.

Contact: Dr. Joey Bonifacio
 416-813-5804
joey.bonifacio@sickkids.ca