It is hard to believe that this issue brings to a close the third year of *Athletic Training & Sports Health Care: The Journal for the Practicing Clinician*. I am amazed at how quickly these 3 years have passed. As the Journal’s Editor, I have learned a great deal and have come to appreciate even more the importance of the peer review publication process in furthering the knowledge base of athletic trainers and other sports health care professionals.

With a great deal of help from the editorial staff at SLACK Incorporated and our energetic editorial board, we at *Athletic Training & Sports Health Care* are able to disseminate useful and important information to our readership 6 times each year. As we look to the future, I think it is important for us to reexamine our mission to ensure that we are serving our readership in the best possible way. Here is that mission statement:

The mission of the journal *Athletic Training and Sports Health Care: The Journal for the Practicing Clinician* is to provide a forum for the dissemination of contemporary athletic training and sports health care information and guidance to clinicians involved in a variety of allied health professions. Primary emphasis is on the clinical relevance of information to the practicing sports health care professional. The journal publishes peer-reviewed articles including original research, case reviews, evidence-based reports, clinical columns, systematic reviews, and literature reviews from a variety of sports health care disciplines.

And so I ask you, reader: How are we doing at fulfilling this mission? We want to hear from you:

- What do you like best about the Journal?
- What improvements can we make to better spread the message to our audience of sports health care professionals?
- Are there things that you dislike about the Journal?

Your feedback is appreciated and can be sent directly to me at kaminski@udel.edu.

Reader feedback at this stage of our continued growth will provide us with the opportunity to continue meeting the needs of our clinical audience and ensure that the highest quality sports medicine information is articulated. As the famed graphic artist and card designer Mary Engelbreit said: “If you don’t like something change it; if you can’t change it, change the way you think about it.”

Cheers to turning 4 and many more birthdays to come!