Remedē System Approved to Treat Moderate to Severe Central Sleep Apnea

The U.S. Food and Drug Administration (FDA) approved a new treatment option for patients diagnosed with moderate to severe central sleep apnea. The Remedē System is an implantable device that stimulates a nerve located in the chest that is responsible for sending signals to the diaphragm to stimulate breathing.

The Remedē System comprises a battery pack surgically placed under the skin in the upper chest area and small, thin wires that are inserted into the blood vessels in the chest near the nerve that stimulates breathing. The system monitors patients’ respiratory signals during sleep and stimulates the nerve to move the diaphragm and restore normal breathing.

The FDA evaluated data from 141 patients to assess the effectiveness of the Remedē System in reducing apnea hypopnea index (AHI), a measure of the frequency and severity of apnea episodes.

After 6 months, AHI was reduced by ≥50% in 51% of patients with an active implant. AHI was reduced by 11% in patients without an active implant.


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CareJourney™ Online Service Helps Caregivers Manage Care Responsibilities

Family Caregiver Alliance (FCA) announced the launch of FCA CareJourney™, a dynamic online service that delivers specialized information directly to family caregivers and responds to the complicated needs of caregiving.

CareJourney helps caregivers manage complex care responsibilities, such as legal and financial issues, health conditions, locating in-home assistance or out-of-home resources, self-care, communication with health practitioners, and training on care tasks. Information and resources offered include fact and tip sheets, webinars, and videos within the categories of planning for care, direct care, and self-care. Members also have access to the Resource Locator for state and national resources, an online Caregiver Peer Support (in partnership with Smart Patients), and a live feed of FCA’s Facebook® page providing articles and current information of value to caregivers.