1. Regular mouth care for older adults is important because:
   A. keeping dentures clean reduces halitosis.
   B. consistent mouth care increases salivary production.
   C. care-resistant behavior can be reduced by daily mouth care.
   D. mouth care is the trigger for care-resistant behavior.

2. Care-resistant behavior in individuals with dementia can be:
   A. provoked by caregiving activities that may be viewed as a potential attack.
   B. prevented by moving as close to the individual as possible while speaking loudly.
   C. avoided by using reasoning because repeating an action reduces fear.
   D. reduced by persevering with mouth care until the individual decides to cooperate.

3. Person-centered care is:
   A. accomplished by having small animals and plants around the facility.
   B. achieved by noting the individual’s preferences in written care plans.
   C. focused on decontextualized outcomes.
   D. recognized as the individual’s self-determination, choices, and interests.

4. The underlying assumption of relationship-centered care is that:
   A. the need for staff members to be liked by their care recipients is considered.
   B. prevention of care-resistant behavior results in the caregiver feeling good about his/her role.
   C. individuals in the caring relationship should experience a sense of worth, purpose, and achievement.
   D. individuals with dementia are unable to respond appropriately to measures of care.

5. Engaging the individual with dementia in social conversation prior to suggesting mouth care is known as:
   A. establishing rapport.
   B. positive approach.
   C. thoughtful touching.
   D. encouraging self-care.
6. Providing mouth care in the bathroom with the individual standing in front of a sink:
   A. encourages declarative memories, which prevent care-resistant behavior.
   B. accesses procedural memories by assisting the individual with self-care.
   C. decreases care-resistant behavior because the individual is not alone.
   D. escalates care-resistant behavior because of the many environmental distractions.

7. The best way to establish rapport and encourage participation in mouth care is to:
   A. face the resident and introduce oneself.
   B. sit down next to the resident and offer one's hand as a welcome.
   C. approach the resident from the side and make a positive comment.
   D. speak to the resident from the side and hand him/her a toothbrush.

8. The nurse hears a nursing assistant tell a colleague, “I go ahead and brush Mrs. Peters’ teeth. She fights but I get her teeth brushed quickly.” The best response by the nurse is to:
   A. do nothing, at least the nursing assistant is providing mouth care.
   B. give the nursing assistant a reminder of the protocol.
   C. explain the neurobiology of threat perception.
   D. demonstrate how the Managing Oral Hygiene Using Threat Reduction (MOUTh) intervention could be used for Mrs. Peters.

9. A nursing assistant asks the charge nurse for help with Mr. Sieger, a resident with severe dementia, who does not open his mouth but sits passively in his wheelchair. The charge nurse may consider demonstrating the technique of:
   A. mirror-mirror.
   B. distracting him.
   C. using a toothbrush as a bite-block.
   D. placing a toothbrush in his hand.

10. The technique of “asking the resident to help” may reduce care-resistant behavior because the:
    A. individual with dementia is fooled into agreeing to have mouth care.
    B. technique is exclusively aligned with person-centered care.
    C. individual with dementia is given the opportunity to decline mouth care.
    D. technique may become a “reciprocal relationship” for collaboration.

11. Study results show the primary reason for failure to provide mouth care was refusal by participants:
    A. with movement disorders.
    B. during the assent process.
    C. when addressed using elderspeak.
    D. who wear dentures.

12. An ineffective intervention that resulted in loss of mouth care sessions was:
    A. promising a reward.
    B. therapeutic fibbing.
    C. using logic.
    D. speaking loudly.

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