1. By 2050, cognitive-related studies of ethnic minorities with chronic health conditions are expected to increase in American older adults of which descents?
   A. Mexican and Anglo.
   B. Anglo and European.
   C. African and Hispanic.
   D. Asian and Native American.

2. A barrier to recruiting and retaining ethnic minorities in cognitive-related older adult research is:
   A. lack of transportation.
   B. little interest.
   C. limited finances.
   D. perceived benefit.

3. Populations with chronic and disabling conditions that are at increased risk for cognitive decline include:
   A. Caucasian and Mexican American older adults with limited literacy.
   B. women and racial and ethnic older adults.
   C. men with chronic and disabling conditions.
   D. Hispanic and Asian American older adults of low socioeconomic status.

4. Stereotype threat refers to the fear of:
   A. confirming negative group stereotypes.
   B. identifying as a member of an ethnic group.
   C. assimilating into a dominant culture.
   D. rejecting the positive values of a culture.

5. Hispanic older adults are reluctant to participate in research because of cultural views that cognitive-related decline is:
   A. private.
   B. mental branding.
   C. normal aging.
   D. stigmatizing.

6. Greater than expected memory impairment in instrumental activities of daily living and higher levels of depressive symptoms are found in older adults of which descent?
   A. African.
   B. Mexican.
   C. Asian.
   D. European.
7. One motivating factor for older adults of ethnic descent to participate in research was to:
   A. improve their financial status.
   B. increase opportunities to socialize.
   C. promote the health of others.
   D. diminish the image of aging.

8. In the current study, the best predictors for memory performance were:
   A. illness and fitness.
   B. age and race.
   C. ethnicity and culture.
   D. education and income.

9. One way to successfully recruit ethnic minority older adults for the cognitive-related study was by:
   A. offering large financial incentives.
   B. engaging city and government agencies.
   C. obtaining support from a trusted member of the community.
   D. providing free transportation to the research sites.

10. Successful retention of ethnic minority older adults in cognitive-related research was achieved by:
    A. marketing to all aging ethnic populations.
    B. building rapport during the clinical trials.
    C. incorporating social media.
    D. suggesting that research improves memory.

11. The aim of the National Alzheimer’s Project Act cognitive aging research was to:
    A. decrease the image of the disease.
    B. design ethnic focus groups to reduce health disparities.
    C. develop instruments for assessing diverse adult populations.
    D. increase enrollment and retention of ethnically diverse older adults.

12. Adults with low educational attainment from minority backgrounds tend to have:
    A. limited health literacy.
    B. difficulty with reasoning.
    C. extra mental burdens.
    D. marginal intelligence.

13. An assessment tool that identified differences in cognitive impairment from Alzheimer’s disease in African American versus Caucasian older adults was the:
    A. Resources Center for Minority Aging Research (RCMAR).
    B. Mini-Mental State Exam (MMSE).
    C. Memory Self-Efficacy Questionnaire (MSEQ).
    D. Direct Assessment of Functional Status (DAFS).

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