1. Studies have shown that the isolation and loneliness experienced by residents of aged-care facilities can be minimized by:
   A. providing physical therapy.
   B. creating opportunities for interaction.
   C. enriching programmatic activities.
   D. keeping residents busy.

2. Dijkstra, Pieterse, and Pruyn (2006) suggested that health care environments can be psychologically healing through the use of:
   A. snacks and exercise.
   B. plants and pets.
   C. comfortable seating and private rooms.
   D. colors and sounds.

3. Biophilia theory suggests that humans:
   A. require attractive environments.
   B. have an inborn connection with nature.
   C. desire access to the outdoors.
   D. need daily exposure to multiple stimuli.

4. Reminiscence therapy is a tool that:
   A. enhances physiological well-being.
   B. promotes avoidance of unpleasant events.
   C. suggests forgetting bad memories.
   D. focuses on reevaluating life events.

5. As a tool, horticulture therapy provides:
   A. activities such as listening to birdsong.
   B. access to an outdoor garden.
   C. enthusiastic gardeners with low-cost seeds.
   D. residents with distractions from their daily routine.
6. The study was a quasi-experimental design that compared:
   A. patterns of responses between staff and the biophilia group.
   B. groups before and after exposure to the installations.
   C. participants in the control group.
   D. data between and within groups, before and after exposure to the installations.

7. The results of the study suggest that a:
   A. nature-based installation enhanced the well-being of staff.
   B. reminiscence-based installation led to increased social benefit for residents.
   C. control-based installation improved the well-being of both residents and staff.
   D. nature- and reminiscence-based installations enhanced well-being and social benefits for residents.

8. What percentage of residents responded yes to the question, “Do you like the new décor”?
   A. 100%.
   B. 75%.
   C. 52%.
   D. 23%.

9. Study results showed that social engagement was significantly increased in which installation group?
   A. Control.
   B. Horticulture.
   C. Nature and reminiscence.
   D. Aesthetic and gardening.

10. A strength of the study was the inclusion of the:
    A. control group.
    B. staff responses.
    C. evaluation time.
    D. blinded group.