1. The older population with higher constipation rates is typically composed of which group?
   A. Immigrants.
   B. Community-based.
   C. Hospitalized.
   D. Living alone.

2. Bowel management receives minimal attention because of:
   A. high cost.
   B. lack of importance.
   C. uninterested staff.
   D. severity of the illness.

3. Implementing a bowel care protocol has the benefit of:
   A. increasing laxative prescriptions.
   B. decreasing laxative prescriptions.
   C. decreasing rates of bowel cancer.
   D. increasing awareness of bowel issues.

4. The most widely used definition of constipation is:
   A. failure of the bowel to open for 3 consecutive days.
   B. difficulty in stool formation for 5 consecutive days.
   C. abdominal fullness or bloating for 2 consecutive days.
   D. a sensation of incomplete evacuation for 5 consecutive days.

5. A maintenance laxative is a medication that:
   A. maintains adequate iron levels in the body.
   B. is prescribed every 3 days for the duration of the hospital stay.
   C. is prescribed and administered daily.
   D. maintains water levels in surrounding body tissues.
6. An outcome of the study to implement a Constipation Management Protocol (CMP) showed an increase in:
   A. nursing documentation.
   B. healthy bowel movements.
   C. hospital spending.
   D. length of stay.

7. In this study, one outcome reported by the nursing staff was increased:
   A. constipation rates.
   B. communication among staff.
   C. Functional Independence Measures rates.
   D. Bristol Stool Chart descriptions.

8. A barrier to effective implementation of the CMP was a/an:
   A. low rate of laxative prescriptions.
   B. high cost of implementing the protocol.
   C. inconsistent nursing staff.
   D. consistent physician nonadherence to the protocol.

9. Hospitalized patients are more prone to constipation due to side effects of medications, immobility, complex medical issues, and:
   A. inadequate dietary regimen.
   B. lack of familial involvement.
   C. institutional barriers.
   D. inadequate social services.

10. The authors reported that one limitation of the study was a lack of evaluating:
    A. physician assessments.
    B. institution appraisal.
    C. staff participation.
    D. patient satisfaction.

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