HOW TO OBTAIN CONTACT HOURS BY READING THIS ISSUE

Instructions: 2.3 contact hours will be awarded for this activity. A contact hour is 60 minutes of instruction. This is a Learner-paced Program. Vindico Medical Education does not require submission of the quiz answers. A contact hour certificate will be awarded 4-6 weeks following receipt of your completed Registration Form, including the Evaluation portion. To obtain contact hours:

1. Read the article: “Board Leadership Development: The Key to Effective Nursing Leadership in the 21st Century,” on pages 107-113, carefully noting the tables and other illustrative materials that are provided to enhance your knowledge and understanding of the content.

2. Read each question and record your answers. After completing all questions, compare your answers to those provided within this issue.

3. Type or print your full name and address and your Social Security number in the spaces provided on the Registration Form. Indicate the total time spent on the activity (reading article and completing quiz). Forms and quizzes cannot be processed if this section is incomplete. All participants are required by the accreditation agency to attest to the time spent completing the activity.

4. Forward the completed Registration Form with your check or money order for $15 made payable to JCEN-CNE. Payment must be in U.S. dollars drawn on a U.S. bank. CNE Registration Forms are accepted up to 24 months from date of issue.

Vindico Medical Education is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. P188-6/09-12.

This activity is co-provided by Vindico Medical Education and THE JOURNAL OF CONTINUING EDUCATION IN NURSING.

Objectives: After studying the article, “Board Leadership Development: The Key to Effective Nursing Leadership in the 21st Century,” in this issue, the participant will:

1. Discuss the critical need for board leadership development for nurses.
2. Describe the Sigma Theta Tau International Board Leadership Development program and its components.
3. Discuss the role mentors have in creating future board members.
4. Explain the benefits and barriers of a board leadership development program.
5. Discuss the elements necessary for a self-developed board leadership program.

Board Leadership Development: The Key to Effective Nursing Leadership in the 21st Century

1. Leadership at the board level is responsible for which of the following?
   A. Managing an organization.
   B. Hiring and firing employees.
   C. Creating the vision and mission of an organization.
   D. Purchasing materials and new equipment.

2. Which of the following is part of the experience of the Sigma Theta Tau International (STTI) Board Leadership Development program?
   A. Continuing education course.
   B. Enrollment in graduate-level coursework.
   C. Report to an assigned STTI board of directors member.
   D. Election to a non-profit board position.

3. The ultimate goal of leadership is to create a link to the future for the purpose of:
   A. Educating new nurses.
   B. Benefiting the population nurses serve.
   C. Working effectively with physicians.
   D. Decreasing professional conflict.

4. Which of the following were the educational components of the STTI Board Leadership Development program?
   A. Participating in a continuing education course and online discussions and working with a mentor.
   B. Describing an effective leader, participating in online classes, and becoming a board member.
   C. Reading identified material and participating in a continuing education conference and online discussions.
   D. Developing a personal leadership plan, participating in online classes, and becoming a board member.

5. Which of the following is the most important aspect of a self-directed board leadership development program?
   A. Board governance.
   B. Formal classes.
   C. The board experience itself.
   D. Board membership.

6. Which of the following is a benefit when pursuing a board leadership development program?
   A. Being mentored by an experienced board member.
   B. Completing a leadership internship at the graduate level.
   C. Working with executive staff of a professional organization.
   D. Hiring staff for professional organizations.

7. When planning a board leadership development program like the STTI Board Leadership Development
A payment must accompany the CNE Registration Form. Payment must be in U.S. dollars drawn on a U.S. bank. Checks/Money Orders should be payable to: JCEN-CNE. MasterCard, Visa, and American Express Credit Cards are accepted for payment. CNE Registration Forms must be received no later than February 28, 2013. If paying by credit card, you may fax your form to (856) 853-5991. For credit card payment, please check one:

- [ ] MasterCard
- [ ] Visa
- [ ] American Express

Account number: ______________________ Expires: __________
3-4 digit security code:_________

I authorize my credit card to be charged $15 for this activity.
Signature: ______________________________________
Name on card: _____________________________

8. Formal and informal mentoring is necessary for effective leadership in health care due to the need to:
   A. Support the intellectual and experiential growth of future nurse leaders.
   B. Have nurse leaders who understand leadership.
   C. Have nurses who understand the health care industry.
   D. Develop nurses who are prepared to mentor future nurse leaders.

9. On completion of the STTI Board Leadership Development program, Fellows gain which of the following?
   A. The ability to analyze the efficacy of organizational budgets.
   B. Appointment to the executive board of a major health care organization.
   C. Recognition and award for leadership development.
   D. An understanding of the direction of the nursing profession.

10. If a nurse has a desire to participate in a program that will offer preparation for board of directors leadership positions, he or she should first:
    A. Maintain membership in one's specialty organization.
    B. Vote in professional association elections.
    C. Learn about the organizational mission and structure.
    D. Gain experience in workplace leadership.

Program, other organizations should recognize that which of the following barriers must be addressed?
   A. Short turnaround time between appointment and completion.
   B. Money to provide salaries for mentees.
   C. Need to provide recognition for participation.
   D. Availability of experienced mentors.

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EVALUATION
Must be completed for contact hour certificate to be awarded.

1. The content of the article was accurately described by the learning objectives:
   - [ ] YES
   - [ ] NO

- Discuss the critical need for board leadership development for nurses.
- Describe the Sigma Theta Tau International Board Leadership Development program and its components.
- Discuss the role mentors have in creating future board members.
- Explain the benefits and barriers of a board leadership development program.
- Discuss the elements necessary for a self-developed board leadership program.

2. The content met my educational needs.
   - [ ] YES
   - [ ] NO

3. The content was relevant to my nursing practice.
   - [ ] YES
   - [ ] NO

4. How much time was required to read the article and take the quiz? 140 165 190 215 240 (minutes)

5. Please list the topics that you would like to see future activities address: ____________________________

Code: JCEN 0311