 HOW TO OBTAIN CONTACT HOURS BY READING THIS ISSUE

Instructions: 2.3 contact hours will be awarded for this activity.
A contact hour is 60 minutes of instruction. This is a Learner-paced Program. Vindico Medical Education does not require submission of the quiz answers. A contact hour certificate will be awarded 4-6 weeks following receipt of your completed Registration Form, including the Evaluation portion. To obtain contact hours:

1. Read the article: “Deterrents to Nurses’ Participation in Continuing Professional Development: An Integrative Literature Review,” on pages 441-447, carefully noting the tables and other illustrative materials that are provided to enhance your knowledge and understanding of the content.

2. Read each question and record your answers. After completing all questions, compare your answers to those provided within this issue.

3. Type or print your full name and address and your Social Security number in the spaces provided on the Registration Form. Indicate the total time spent on the activity (reading article and completing quiz). Forms and quizzes cannot be processed if this section is incomplete. All participants are required by the accreditation agency to attest to the time spent completing the activity.

4. Forward the completed Registration Form with your check or money order for $15 made payable to JCEN-CNE. Payment must be in U.S. dollars drawn on a U.S. bank. CNE Registration Forms are accepted up to 24 months from date of issue.

Vindico Medical Education is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. P188-6/09-12.

This activity is co-provided by Vindico Medical Education and THE JOURNAL OF CONTINUING EDUCATION IN NURSING.

Objectives: After studying the article, “Deterrents to Nurses’ Participation in Continuing Professional Development: An Integrative Literature Review,” in this issue, the participant will:

1. Identify reasons why nurses attend continuing education (CE) offerings.
2. Describe the main deterrents to nurses’ attending CE offerings.
3. Discuss the roles of intrinsic versus extrinsic motivation in relation to nurses’ attending CE offerings.
4. Discuss the limitations of the articles reviewed in the study sample.
5. Describe the implications of the findings of the integrative literature review for clinical nurse educators who develop CE activities for nurses.

Deterrents to Nurses’ Participation in Continuing Professional Development: An Integrative Literature Review

1. Nurses’ reasons for attending continuing education (CE) opportunities, such as described in this study, may include the following:
   A. To obtain immediate practical benefit.
   B. To maintain their practice based on their current knowledge.
   C. To remain in their current staff position.
   D. To receive immediate financial compensation.

2. Which of the following is considered the most important influence on CE attendance?
   A. External locus of control.
   B. Intrinsic reinforcement.
   C. Employer attitude.
   D. Extrinsic reinforcement.

3. Nonattendees of CE offerings often list several deterrents, including:
   A. Overstaffing on the unit.
   B. Getting a break from family and household demands.
   C. Low cost of CE course fees.
   D. Long distance to travel to attend CE offerings.

4. Personal benefits to the nurse who attends CE offerings could include:
   A. Increased burnout.
   B. Increased job satisfaction.
   C. Outdated skills.
   D. Feeling isolated in the many demands of nursing.

5. Limitations of the studies analyzed in this integrative literature review include:
   A. Large sample sizes.
   B. High levels of research.
   C. Survey instruments that lacked reliability analysis.
   D. Surveys performed at multiple institutions.

6. When examining an integrative literature review, the results are not the only important information to be obtained. Each sample study’s findings can be affected by:
   A. The characteristics of the study.
   B. The format in which the information is presented.
   C. The nursing theorist used to guide the study.
   D. The journal from which the study was obtained.

7. Benefits to nurses and nurse educators in reading and applying the implications of a published integrative literature review would include:
   A. An integrative literature review looks at one study’s results.
   B. More time is needed to read through an integrative literature review than to read each study.
   C. Applicable information is gathered from several studies.
D. Implications are stronger because each of the studies was conducted in exactly the same way.

8. When nurses do not attend CE, they are failing to exercise their:
   A. Nursing agency.
   B. Self-care deficit.
   C. Nursing system.
   D. Adaptation.

9. Lori works full-time as a medical-surgical nurse, has young children at home, and usually has to travel 2 hours one way to attend a CE offering. Her desire to attend CE offerings to help her remain competent in her nursing skills and practice is most likely the result of:
   A. Extrinsic motivation.
   B. Employer expectation.
   C. Intrinsic motivation.
   D. Increase in income.

10. Knowledge and understanding of the deterrents to nurse attendance at CE offerings can assist nurse educators as they develop educational programs to:
    A. Feel better when attendance at CE is low.
    B. Realize that not all nurses can be kept up to date with their practice.
    C. Know that some nurses will have to wait until their children grow up to attend CE offerings.
    D. Plan CE offerings with a focus on times and delivery methods that are convenient for nurses.

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<tr>
<th>YES</th>
<th>NO</th>
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<tbody>
<tr>
<td>1. The content of the article was accurately described by the learning objectives:</td>
<td></td>
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<tr>
<td>• Identify reasons why nurses attend continuing education (CE) offerings.</td>
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<td>• Describe the main deterrents to nurses’ attending CE offerings.</td>
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<td>• Discuss the roles of intrinsic versus extrinsic motivation in relation to nurses’ attending CE offerings.</td>
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<td>• Discuss the limitations of the articles reviewed in the study sample.</td>
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<td>• Describe the implications of the findings of the integrative literature review for clinical nurse educators who develop CE activities for nurses.</td>
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<td>2. The content met my educational needs.</td>
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<td>3. The content was relevant to my nursing practice.</td>
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<td>4. How much time was required to read the article and take the quiz?</td>
<td>140 165 190 215 240 (minutes)</td>
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<td>5. Please list the topics that you would like to see future activities address:</td>
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